

Mylène Lea Brun

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Artist Statement

I am a versatile dancer and performance artist dedicated to pushing the body's capacity to create new shapes and states of being. My practice centers on Release technique, which I utilize to experiment with movement at great depths. I combine rigorous technical precision with an open, experimental mindset to deliver dynamic and emotive performances.

Professional Biography

As a professional dancer and University of Roehampton graduate, I approach every project with adaptability and artistic curiosity. My core training is rooted in Modern and Postmodern styles—specifically Graham, Cunningham, Release, Contact Improvisation, and Limon—in which I have achieved First-Class distinctions.

Beyond my degree, I have expanded my repertoire through consistent training in Commercial, Horton, Gaga, and Classical Ballet. My versatility is further enhanced by exposure to global dance forms, including Nigerian Groove, Chinese Classical Ballet, and Kathak. I also possess a strong affinity for Salsa (Rumba to Cuban), having trained with experts like Maykel Fonts and Fredy Clan. This rhythmic foundation significantly enriches my contemporary vocabulary, making my movement quality distinct and dynamic.

Teaching & Leadership Experience

Contemporary Dance Teacher (Advanced) | 2017 – Present

Weekly instruction focusing on technique, flow, and somatic awareness.

Rehearsal Director, Third Row Dance Company | 2018 – 2019

Led rehearsals for a semi-professional company, ensuring artistic integrity and technical precision.

Choreographer | 2017 – 2019

Created original works for Third Row Dance Company productions and the University of Roehampton's 2018 & 2019 Dance Platforms.

Performance Portfolio

Role	Production / Company	Location / Year
Core Dancer	Vinicius Sales (Entrant Company): Tutu Trouble	Ashford / Croydon, 2019 – Present
Core Dancer	Gabby Agis: Worldings	University of Roehampton, London, 2019
Core Dancer	Third Row Dance Company: One (feat. Jason Mabana)	University of Roehampton, London, 2018/19
Dancer	Matthias Sperling: Institute of Neurochoreography (First Open Congress) (Featured in footage based on 'looping')	Sadler's Wells, London, 2018
Dancer	Echoes, Co Da Dance	Danbury Avenue, London, 2016

Physical Rehabilitation | September 2023 – December 2025

Undertook a break to focus on comprehensive rehabilitation and strength conditioning following a shoulder injury. During this period, I have maintained engagement with dance theory and somatic practices while prioritising a full return to peak physical performance.

Academic Qualifications and Training

University of Roehampton | 2016 – 2019

BA (Hons) in Dance Studies

Graduated with First Class Honors

Sir John Deane's Sixth Form College | 2014 – 2016

Attained 4 A Levels:

- English Language (A)
- Media Studies (A)
- Dance (B)
- Economics (B)

References available upon request